आदिकविश्रीमद्वाल्मीकिमहर्षिप्रणीतबृहत्योगवासिष्ठः

BRAHADYOGAVAASISHTA

JNAANA RAAMAAYANAM

[DVITEEYA RAAMAAYANAM]

COMPOSED BY

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निर्वाणप्रकरणस्य पूर्वार्धम्

FIRST HALF OF NIRVAANA PRAKARANAM

SIXTH SECTION 'THE NIRVAANA STATE'

PART FORTY ONE

[KING BHAGEERATHA]

Sanskrit text, Translation and Explanation

by

Narayanalakshmi

TO ALL THE SEEKERS OF TRUTH

ABOUT THE AUTHOR

Narayanalakshmi

Narayanalakshmi, an ascetic who spent most of her life in the Himalayan terrain, engaged in the penance of knowledge. She is well-versed in all philosophies and is a scholar in Sanskrit language. Her mission life is to retrieve the lost knowledge of the ancient Rishis and offer it unblemished to all the seekers of the Truth. She is from Bangalore, Karnataka, India.

वसिष्टोवाच

Vasishta spoke

आकाशविशदं कृत्वा मनसैव मनो मुने तिष्टैकशमशान्तात्मा सर्वत्र समदर्शनः। स्थिरबुद्धिरसंमूढो यथाप्राप्तानुवर्तिनः राज्ञो भगीरथस्येव दुःसाध्यमपि सिद्ध्यित। संपूर्णशान्तमनसः परितृप्तवृत्तेर्नित्यं समे सुखमयात्मनि तिष्टतोऽन्तः सिद्ध्यिन्त दुर्लभतरा अपि वाञ्छितार्था गङ्गावतार इव सागरखातवस्तु। Hey contemplative one! Understand the vastness of Brahman-expanse; see the ego as a worthless grass piece. Making the mind expand like the sky through the mind, remain with a silent mind established in the one single Self. Equally see everywhere, only the Self.

Remain with a stable intellect. Be without confusions. Do whatever actions that belong to you. Even the most difficult works get accomplished by all these practices, as seen in the life of Bhageeratha. When one is with a fulfilled peaceful mind; when one stays completely satisfied in the Self-state; when one remains absorbed within, in the equal state of the blissful Self; then, all the desired goals, even the most difficult ones get accomplished, like the descent of the Celestial River Gangaa filling the empty hole, which was dug by the sons of Sagara.

रामोवाच

Rama spoke

यथा चित्तचमत्कृत्या राज्ञो गङ्गावतरणं भगीरथस्य संपन्नं तन्मे कथय भो प्रभो।

Prabhu! Tell me how the descent of Gangaa was accomplished by King Bhageeratha with his fulfilled mind established in the Self.

वसिष्टोवाच

Vasishta spoke

(King Sagara, ancestor of Bhageeratha performed a Horse-sacrifice. Lord Indra stole the horse and left it the Ashram of Maharshi Kapila. Sagara's 50,000 sons went in search of the horse; they even searched the hollow of the Ocean which had been made dry in the past by Sage Agastya for exposing some hidden Daityas for the Devas; they dug the ocean-bed also till the nether world was reached, found the horse at Kapila's hermitage, accused Kapila of the theft, and were burnt to ashes by the angered Kapila. The ashes had to be drenched with Ganges waters, so that they could move on to the after-world. This feat was accomplished by Bhageeratha with great effort, overcoming all the obstacles. Where did he get the power to perform such an amazing work? Where else but from the self-state! This is the story of Bhageeratha's realization. Realization of the self gives the courage to face any difficult situation, makes one capable of any achievement that is desired.)

आसीद्भगीरथो नाम राजा परमधार्मिकः भ्वः समुद्रयुक्ताया मण्डलीतिलकोपमः।

There was a king named Bhageeratha who was extremely righteous in character, living in the city of Kosalaa. He was like the auspicious Tilaka (decorating mark on the fore-head) for the entire earth covered by the ocean.

संकल्पानन्तरं प्राप्ता यथाभिमतमर्थिनः चन्द्रप्रसन्नवदनादस्माच्चिन्तामणेरिव। साधूनां यो व्यवस्थार्थं धनान्यविरतं ददौ तृणमात्रमुपादत्ते क्वचिच्चिन्तामणिर्यथा। वज्रसारमिव प्रोतमुज्ज्वलन्नेमि योऽभिनत् अधो मणिरयोयन्त्रं सर्वदुर्जनचेष्टितम्। अधूमविह्नदेहश्रीः श्रान्तोऽपि दैन्यमप्यलं तमोऽहरन्नृणां नैशं युमणिर्वश्मनामिव। किरन्नग्निकणासारमभितः स्वप्रतापजं मध्याह्नसूर्यकान्ताग्निरिव ज्वलित योऽरिषु। मृदुशीतलसंस्पर्शो यः समाह्णादयनमनः सुज्ञानां द्रवित स्निग्धस्येन्दोरिन्दुमणिर्यथा। (He was at once all the gems and shone like all gems put together.)

He was the wish-fulfilling Chintaamani gem.

Like from the wish fulfilling Chintaamani gem, the needy got their wishes fulfilled by King Bhageeratha, the moment the desire rose in their minds (there was no need even of approaching him, requesting him etc); and his smiling face always resembled a moon oozing nectar. (He never was tired of giving charity.)

He was like the Chintaamani (wish-fulfilling KaamaDhenu cow) owned by Vasishta.

He had arranged abundant wealth to be distributed among the pious ones. He took back from the people just very little wealth (as taxes) equaling a piece of grass only, as did the wish fulfilling KaamaDhenu cow.

He was the hard diamond (VajraMani) that cut through diamonds.

The diamonds that need to be shaped are held by iron, and a rotating wheel turns around pushing the bright diamond powder itself to cut through the diamond. The wicked enemies who were very powerful were conquered by Bhageeratha and were bound by iron chains at their feet; and brought into the bent shape, by the constantly rotating wheels of his chariot and the luster of his sword moving continuously like the diamond powder.

He was the gem that shone in the sky as the sun (DyuMani).

Bhageeratha with his body shining like the smokeless fire, wandered all over the country day and night. Though tired, he removed the darkness (wicked nature) in the heart of the people and the darkness (poverty) in their lives, like the lustrous noon-sun removing the darkness inside their homes.

He was the SuryaKaanti and Chandrakaanti gems too.

Like the fire of the Sun-stone at noon-time that sheds fire-sparks of heat, he burnt his enemies who opposed him with the sparks of his valor that shot out of him. Towards the noble Knowers, he like the moon stone, poured nectar of the pleasant moon which was soft and cool for the touch.

जगद्यजोपवीतस्य स्वर्गपातालवाहिनः गङ्गावाहस्य येनास्यां तृतीयः पूरितो गुणः। अगस्त्यशोषितोम्भोधिर्गङ्गापूरेण पूरितः येन दुष्पूरभूतोऽपि महासार्थोऽर्थिनामिव। गङ्गासोपानपद्दत्या येन पातालवासिनः योजिता ब्रह्मणो लोके बान्धवा लोकबन्धुना। ब्रह्मणं शङ्करं जहं तपसाराधयंश्व यः भूयो भूयो ययौ खेदमशून्याध्यवसायिनः।

(He was the greatest of the greatest. He performed the impossible feat of bringing down the River Gangaa from the heavens to the earth, with great effort, overcoming many obstacles.)

The Ganges with its pearly waves, flowed only in the heaven and the netherworld, and was like a 'Yajnopaveeta' (sacred thread of the Brahmins made of three threads) made of two threads only. Bhageeratha brought the Ganges down to the earth and made the Yajnopaveeta complete by adding one more thread to it. That is why Gangaa is known as Tripathagaa.

It so happened that his ancestors namely King Sagara's sons were in search of the lost horse of the AshvaMedha Sacrifice conducted by heir father, and had dug the hollow of the ocean that was emptied of its waters by Sage Agastya. That is why the ocean is known also as Saagara.

They found the horse in Kapila's Ashram in the nether world, and accused him of the theft; and were burnt to ashes by him. Their Jeevas could not move on to the other world unless the Ganges which flowed only in the heaven descended down to drench those ashes. Bhageeratha performed hard penance to propitiate Creator Brahmaa to make him agree to the Heavenly river descending down to earth; then propitiated Gangaa herself, and later did penance on Shiva, so he could bear the force of Gangaa's fall on his head; then he had to again propitiate Lord Shiva to release the proud Gangaa who had been tied up by him in his locks, then again he had to propitiate Sage Jahnu, who had drunk off Gangaa fully when his hermitage was destroyed by her floods; later Jahnu released her from his ear, and so she is known as Jaahnavi.

The empty ocean bed that had been drained out by Sage Agastya was filled by the floods of Gangaa by him, like an opulent person fulfills any need of anyone even if it be the most difficult.

This person, who is a relative of the entire world, offered a staircase through the Ganges to BrahmaLoka for his ancestors, Sagara's sons, who were stuck in the nether world. To accomplish his goal, he suffered again and again propitiating Brahmaa, Shiva and Sage Jahnu, never wavering from his steadiness.

(What gave him the strength to perform such amazing deeds without ever falling back in depression? Look at the earth here loaded with beings who give up their lives for even the smallest of disappointments and failures; and look at Bhageeratha who did the great feat of bringing down Gangaa to the earth (not this planet, but the Bhoomi of his Jagat). That is why the effort itself is named as Bhageeratha Yatna.

You just have to make effort to think and realize the self; that is all; and once you attain it, even traveling to the farthest star is not impossible. Self-state gives the utmost mental strength to any person.

As the Brahman state, a Knower can bring about any probable state as a perceived scene.

Impossible is not a word that belongs to Brahman.

But to gain such a mental strength, extreme dispassion is necessary; and the death of the ego is a must. How Bhageeratha killed his ego, is explained here.)

यौवने वर्तमानस्य तस्य भूमिपतेरिप प्रविचारयतो लोकयात्रां पर्याकुलामिमां सुविरागचमत्कारिवचारकिणकोदभूत् वयस्यिप च तारुण्ये दैवाद्वल्ली मराविव। एकान्ते चिन्तयामास महीपतिरसाविति जगद्यात्रामिमां नित्यमसमञ्जसमाकुलम्। पुनर्दिनं पुनर्श्यामा दानादानशतं पुनः, तदेव भुक्तविरसं लक्ष्यते कर्म कुर्वताम्। येन प्राप्तेन लोकेऽस्मिन्न प्राप्यमविशष्यते तत्कृतं सुकृतं मन्ये शेषं कर्म विषूचिका। पुनःपुनः पर्युषितं कर्म कुर्वन्न लज्जते मूढबुद्धिरबुद्धिस्तु कः कुर्यात्किल बालवत्।

As it happened to you Rama, even that king who was still in his youth, pondered about the sufferings found in the worldly life. A tiny grain of 'Vichaara' rose in his mind, creating the miracle of dispassion in his youth itself, like a creeper growing in the desert by chance.

(Very few can start to think like this; they are like the magical creepers that grow even on the desert-land.) The king sat in solitude and thought like this.

'What is this life repeating itself as days and nights, with the very same routine works, with the very same anxieties apprehensions! Again and again the same repetition of give and takes hundreds of times! The actions give the same result again and again like the same fruits eaten again and again, and have no taste at all, like the stale food.

Whatever one does even by seeking new actions, there is no real joy in any new experience also! That alone is the perfect action by doing which, there is nothing more left to be attained.

All other actions are just cholera germs leading towards more suffering!

Each action produces more actions, and one soon gets drowned in these repetitive actions only. Only a fool is not at all ashamed of doing the same thing again and again. Only a fool can be happy in such repetitive experiences, like an immature child enjoys playing with the same toys again and again.'

अथैकदोद्विग्नमनाः कदाचित्त्रितलं गुरुं एकान्तं संसृतेर्भीतः समपृच्छत्भगीरथः। भगीरथ उवाच, अन्तःशून्यासु सुचिरं भ्रमत्संसारवृत्तिषु अरण्यानीषु चैतासु भृशं खिन्ना वयं विभो। जरामरणमोहादिरूपाणां भवकारिणां भगवन्सर्वदुःखानां कथमन्तः प्रजायते।

One day, Bhageeratha feeling very much perturbed and frightened of the worldly existence, approached his Guru Tritala and questioned him in private like this.

Bhageeratha spoke: Lord! I feel very much depressed after going through the affairs of the world for long, where such routine actions lead nowhere and which are like desolate paths of the desert, where one gets lost in the limitless ground of hot sand. Bhagavan! How can one end all the sufferings in the form of aging, death, and delusion, which bring about this worldly existence?

(A man is forced to do these routine actions day after day without end, from birth to death, and suffers the pains of old age, weakness of the body and uncountable illnesses of the mind and the body. Whatever action he does to get out of these frustrations, like the worship of deities, intellectual debates, visiting new lands, affectionate gestures towards family members, new types of pleasures etc, do not bestow any permanent joy. Every experience is momentary only, and stays as memory only in the mind. You cannot hold on to anything as permanent, not even the body that one is fond of. Is there a way out of this trap of worldly existence?)

त्रितल उवाच, चिरसाम्यात्मनोत्थेन निर्विभागविलासिना राजन् ज्ञेयावबोधेन पूर्णेन भरितात्मना क्षीयन्ते सर्वदुःखानि त्रुट्यन्ति ग्रन्थयोऽभितः संशयाः समतां यान्ति सर्वकर्माणि चानघ। ज्ञेयं विदुरथात्मानं संशुद्धं ज्ञिसिरूपिणं स च सर्वगतो नित्यं नास्तमेति न चोदयम।

Tritala spoke: Raajan! All the knots (of the ego and the ego-connected objects that bind you) get torn and all sufferings cease, all doubts vanish and all the actions become equal by the knowledge of 'that which is to be known'; and by the complete absorption in 'that' where all ideas of division dissolve away.

This becomes possible by the prolonged practice of developing equanimity in the mind.

Hey Anagha! The Aatman alone is known as 'that which is to be known'.

It is extremely pure in nature and is of the form of knowing (Jnapti) only.

This Aatman is everywhere, is eternal. It never sets or rises, like the ego.

(The trap of worldly existence is made of the knots of ego-concept only.

'I am Bhageeratha, I have a family that I need to care for; I have a kingdom I need to protect. What will happen to them if I am not there?

If I die off, what will happen to my kingdom? Who will protect them all if I am not there?'

Such ideas giving importance to oneself as a name and form is the cause of all these worries.

Is Bhageeratha so important that without him, the kingdom will suffer?

What are you in the vast expanse of Reality, as if without your presence the world is going to suffer much?

You may be good and perfect; yet you are only a dream-character called Bhageeratha.

You are having a pleasant dream; that is all! The dream exists as real because of this ego only!)

भगीरथ उवाच, चिन्मात्रं शान्तं निर्गुणमस्ति निर्मलमच्युतं देहादि नेतरित्कंचिदिति वेद्रि मुनीश्वर। किं तत्र प्रतिपत्तिर्मे स्फुटतामेति नेतरा एतावन्मात्रसंवितिः स्यामहं भगवन्कथम्।

Bhageeratha spoke: Hey Muneeshvara! I have understood that the body etc do not exist at all as real; and that the unchanging, taintless, quality-less, quiescent state of 'knowing awareness alone' is there. Why can't I experience that state clearly? How will I be able to be remain as that state itself? (I have studied all the Scriptures, yet am unable to reach the Aatman-state of just 'knowing'. I cannot get rid of the idea that the world is real.)

त्रितल उवाच ज्ञानेन ज्ञेयनिष्टत्वमेति चेतो हृदम्बरे ततः सर्ववपुर्भूत्वा भूयो जीवो न जायते। असिक्तरनिभश्चङ्गः पुत्रदारगृहादिषु नित्यं च समचित्तत्विमष्टानिष्टोपपितिषु आत्मनोऽनन्ययोगेन तद्भावनमनारतं विविक्तदेशसेवित्वमरितर्जनसंसदि अध्यात्मज्ञानित्यत्वं तत्वज्ञानार्थदर्शनं एतज्ज्ञानिमिति प्रोक्तमज्ञानं तद्दतोऽन्यथा। रागद्वेषक्षयाकारं संसारव्याधिभेषजं अहंभावोपशान्तौ तु राजन् ज्ञानमवाप्यते।

Tritala spoke: Through the attainment of the right knowledge through Vichaara, the mind gets absorbed in the Supreme Self in the heart-space at all times.

Even while you do Vichaara, you are actually connected to the true self only; and not to the ego.

Yet, the other thoughts of the world rise and lead you astray from Vichaara.

If one is always doing Vichaara till the knowledge becomes one's natural vision, then one becomes the essence of all (established in his true nature completely) and never again takes birth (never swerves from his state.) He is out of the fear of the body-death, since the body gets understood as just some perceived inert object like any other object like a chariot, or sword or throne.

(For example, if a man is always traveling in a chariot forever, without ever getting out of it, then he may become so attached to its presence, that he may think of himself as a chariot itself; that is how a man also becomes deluded onto thinking that he is the body that is constantly with him as a perceived object from birth to death. For the delusion to cease, you must develop dispassion towards the body-based ego and its connected things.)

Detached feeling towards the world; detachment towards relations like son, wife and house etc; equanimity at all times whatever events are met with liked or disliked; continuous contemplation (Vichaara) of the Aatman without a break; preference for solitude; no interest for crowded assemblies; always steady in the mission of Aatman-realization; proper understanding of the true meanings of scriptural statements; all this is known as the practice of knowledge. All that is contradictory to this, is ignorance.

Raajan! Knowledge gets attained when the Ahamkaara (ego) gets subdued.

That alone is the treatment for Samsaara-illness. That alone destroys attachments and aversions.

भगीरथ उवाच शरीरेऽस्मिन्चिरारूढो गिरौ तरुरिव स्वके अहंभावो महाभाग वद मे त्यज्यते कथम।

Bhageeratha spoke: Hey noble one! How can this ego which is well-established in one's body like a deeprooted tree growing on the hill be renounced?

(This ego is me; and I know that I am the body called Bhageeratha.

How can I renounce myself, without killing it? The idea of myself being Bhageeratha is so deep rooted in the mind from my birth itself. How can I get rid of it?)

त्रितल उवाच पौरुषेण प्रयत्नेन त्यक्त्वा भोगौघभावनां गत्वा विकसितां सत्तामहंकारो विलीयते। यन्त्रणापञ्जरं यावद्भग्नं लज्जादिनाखिलं अिकंचनत्वशेषेण स्फुटा तावदहंकृतिः। सर्वमेतद्धिया त्यक्त्वा यदि तिष्टसि निश्वलः तदहंकारविलये त्वमेव परमं पदम्। शान्ताशेषविशेषणो विगतभीः संत्यक्तसर्वेषणो गत्वा नूनमिकंचनत्वमिरषु त्यक्त्वा समग्रां श्रियं शान्ताहंकृतिरस्तदेहकलनस्तेष्वेव भिक्षामटन् मामप्युञ्झितवानलं यदि भवस्युच्यैस्त्वमुच्यैरसि।

Tritala spoke: Through extreme effort possible, one should renounce the desires for sense pleasures and blossom forth the purest state of the mind; then the ego-concept gets dissolved off by itself, like a plant that is not watered. (Ego exists as attachment to family and people, as the wants and needs, as the like and dislikes, as the conceit and pride, as the my and mine. If all these faults are removed slowly, gradually with extreme effort (as if it is a life and death situation) then the ego will naturally die of.)

(Are you at this moment ready to renounce everything that represents Bhageeratha, and walk away as a nobody? What is holding you back? You are caged in your own mind-conditioning. You are afraid of the ridicule that is to be faced by your enemy kings, you are worried about your people and kingdom, you are apprehensive as to how can I beg for alms from ordinary people like an ordinary recluse, will I be corrupting the name of my dynasty and so on.)

As long as the 'cage of repression made of shyness (of practicing spirituality) (agitation due to people's comments, anxieties about day to day affairs) etc, is not fully destroyed without any residue, till then the ego will dance in full bloom. If you renounce everything of this (in the form of Bhageeratha entity) completely with your intellect, and remain without moving (from the contemplative state of the Self), the ego will melt off and you will yourself shine as the Supreme state.

(Do you have the courage to change your life-story into another story? Can you destroy the Bhageeratha in you and become a nameless recluse who is lost in the crowd of common people?

Can you stay as a no one? Can you at a moment's notice throw all this and walk out of this trap? Instead of lamenting about the ego holding on to you, leave the ego here itself and walk away. Can you do it, hey noble one?

And do not expect me to be your care-taker; I will also not be there in your solitary wanderings.) If you can reach the highest form of renunciation by discarding all the accessories that make your identity as the king; without maintaining any fear of the future, then renounce all the wants; possess nothing as yours; give off the entire wealth of the kingdom to the enemies, with the ego fully subdued, and not bothering about the needs of the body. Wander off like a beggar among your enemies themselves, even not having the dependence on me, your Guru too; then you will be in the highest state of the Supreme.

अथ तस्य गुरोर्वक्त्रादित्याकण्यं भगीरथः मनस्याहितकर्तव्यः स्वव्यापरोऽभवत्। अतः कितपयेष्वेव वासरेषु गतेषु सः अग्निष्टोममखं चक्रे सर्वत्यागैकिसद्धये। गोभूम्यश्विहरण्यादि ददौ धनमशेषतः द्विजेभ्यो निजबन्धुभ्यो गुण्यगुण्यविचारयन्। दिवसत्रयमात्रेण सर्वमेव परित्यजन् असुमात्रावशेषोऽसावासीद्राजा भगीरथः।अथ सर्वार्थरिक्तं तिखन्नप्रकृतिपौरकं सीमान्तिने तृणिमव राज्यं स्वमरये ददौ। आक्रान्ते द्विषता राज्ये मुनिः सद्मिन मण्डले अधोवासोवशेषोऽसौ निजगाम स्वमण्डलात्।

(Bhageeratha decided to obey his teacher's instruction. He did not immediately walk away, but took a few days to prepare for his renunciation act, and then once and for all went off renouncing everything that formed the Bhageeratha-identity.)

After hearing his Guru's words, Bhageeratha understood what he had to do and became engaged in his own duties. Within a few days itself, he performed the 'Agnishtoma Sacrifice' where he had to renounce everything. Without bothering about the good or bad qualities of people, he gave away abundant wealth in the form of cows, lands, gold etc to Brahmins and his own relatives. Within three days he gave off everything that he possessed! King Bhageeratha now was left with only his lives (Praanaas)! He gave off his kingdom also to the enemies at the border, as if it was just a piece of straw. When the enemies took over the country, the king left the country with only the loin cloth as his covering.

(Maybe in these days, you cannot walk away like Bhageeratha, but you can mentally do it and walk off like Lavana performing RaajaSooya in his mind. Test yourself to see whether you have the courage to renounce everything like Bhageeratha at this moment. Without outward show of renunciation stay always as renounced of all, and be detached towards objects and people. Be a nobody, though acting as somebody for the world. That is true renunciation where the ego is renounced.)

यत्र न ज्ञायते नाम्ना यत्र न ज्ञायते मुखातत्र ग्रामेष्वरण्येषु दूरेषूवास धैर्यवान्। इत्यल्पेनैव कालेन प्रशान्तसकलेषणः परमेण शमेनासावाप विश्वान्तिमात्मिन। भ्रमन्द्वीपानि भूपीठे कदाचिकालयोगतः अवशः शत्रुणाक्रान्तं स्वमेव प्राप तत्पुरम्। नानागारांश्व तत्रासौ प्रवाहपतितांश्व तान् पौरांश्व मन्त्रिणश्चेव शमी भिक्षामयाचत। विविदुस्ते नृपं पौरा मन्त्रिणश्च भगीरथं पूजयामासुरथ तं सविषादाः सपर्यया। प्रभो राज्यं गृहाणेति प्रार्थितोऽप्यरिणा मुनिः नादतेऽनादृताशेषस्तृणमप्यशनादृते। कतिचिद्दिवसांस्तत्र नीत्वाऽन्यत्र जगाम सः भगीरथोऽयं हा कष्टमिति लोकेन शोचितः।

The courageous one was able to renounce everything by the command of his Guru; he had no place to go and just wandered aimlessly through villages and forests, eating any meager food was offered to him by the poor and simple folk. No one recognized their king, since he did not have any royal insignia with him. No one knew his name or recognized his face, and he was treated like an ordinary poor man of the street, sometimes offered food and shelter, sometimes ignored.

The king remained calm and maintained equanimity at all times, and did not stop in his practice of Vichaara. Within a few months or so, he became free of all the wants and the needs connected to the ego-entity named Bhageeratha. His mind stayed quiet, and he rested in his self-awareness state.

The king had forgotten his ego-entity completely. He was no more a Bhageeratha. Not even a trace of Bhageeratha was left back. He just went through forests and towns with no destination in sight.

Brahman is just a source of all probable states; the ignorant are pushed into forced experiences of joys and pains without control, pushed by their desires; but a Knower just exists as a witness state to any probable state that rises in his experience. He is not averse to anything, nor does he seek anything with effort. Instead of opening the Vaasanaa-fields with ego-identity, the king remained a nobody, and just went through any probable state of the life, as and what it came as.

He was the Brahman endowed with a Sattva mind.

Wandering through many islands across the river, he at last arrived at the gates of his own city occupied by his enemies by chance. He never remembered his identity also; and completely ego-less he remained the same ordinary wanderer even when the Bhageeratha-connected people were met. The noble one with the quietened mind endowed with extreme humbleness, begged food from the ministers and citizens whomever he met by chance. The people and the ministers recognized their beloved king, and were shocked by his plight, and quickly attended to him with due respect. The enemy king heard about this; approached him with concern and offered his kingdom back. But the king refused the offer and did not accept even a grass piece other than some meager food. He spent a few more days there and went of elsewhere, unconcerned about the kingdom he had owned once. His people lamented for the poor plight of their dear king; little did they know of the supreme wealth he owned now.

अथान्यत्रोपशान्तात्मा परिविश्रान्तधीः सुखी आत्मारामं कदाचितु स प्राप त्रितलं गुरुम्। स्वमेव स्वागतं कृत्वा तेन सार्धं भगीरथः कंचित्कालमुवासाद्रौ वने ग्रामे पुरे जने। समतामुपयातौ तौ गुरुशिष्यौ समौ स्थितौ कलयामासतुः स्वस्थौ विनोदं देहधारणम्। किमर्थं धार्यते देहः किं वानेनोञ्झितेन नः यथाक्रमं यथाचारं तिष्टत्वेष यथास्थितम्। इति निश्चित्य तिष्टन्तौ तौ वनाद्वनगामिनौ अनानन्दं परानन्दं नासुखं च मध्यमम्। धनानि वाजिविभवायैश्वर्यं चाष्टधोतितं सिद्दैरप्यर्पितं तुष्टैर्मेनाते जर्जरं तृणम्। स्वकर्मणैव देहोऽयं यावत्सत्त्वमनिच्छया धारणीय इति स्वेन कर्मणैवाथ तस्थतुः। अभिनन्दतुरागतमृत्तमौ निजसमाचरणक्रमजं मुनी सुखमसौख्यमभीप्सितवर्जितौ समसमेऽतिसमौ शमिनौ स्वतः।

His mind was agitation-less, his intellect now rested in the knowledge of the self, he was in the experience of true bliss of the quiescent state. Some day in his wanderings, he saw his Guru Tritala who was established in the Aatman-state. It was like meeting himself in another form. He offered his salutation in the proper manner to his teacher. Both were in the same state of realization, and were two forms of the same self.

Along with him, Bhageeratha wandered many forests, villages, cities, and discussed topics of knowledge with the people who offered shelter and food to both of them.

Both the teacher and the student were equal in knowledge, were established in the self-awareness, and amused themselves as two bodies of the same self. They could have discarded their bodies then and there; but they thought, 'what difference does it make whether this body is there or not, why even discard it when it does not exist for us as any burden. Let us continue to live like this only, till the body falls off by itself.' So they decided to continue the life as it was, and wandered from forest to forest.

They both were in such a state of unique bliss, which was not any joy or not any pain, nor any blankness where both the joy and pain were absent. When Siddhas who were pleased by their goodness, offered the eight types of wealth like the horses, riches and gold to them both, they rejected them regarding all wealth as equaling dried up pieces of worthless grass. They decided to hold on to the body without any identity, as long as it did not by itself die by natural causes.

Those two excellent ascetics had no wants of anything; and accepted even pains and discomforts of their vagabond life as joys only; they both were equal in all respects, yet were established in the equal-ness of the self and were naturally quiescent at all times, even when always engaged in moving from place to place, and never staying at any place for long.

अथैकदा पुरे श्रेष्टे किस्मिश्विन्मण्डलान्तरे अनपत्यं नृपं मृत्युरहन्मत्स्य इवामिषम्। तत्र प्रकृतयः खिन्ना नष्टदेशक्रमा नृपं अन्विष्यन्ति स्म संयुक्तं गुणलक्ष्म्या विशालया। तं भगीरथमासाय स्थिरं भिक्षाचरं मुनिं पिरिज्ञाय समानीय सैन्ये चक्रुर्महीपितम्। भगीरथः क्षणेनैव प्रावृषीवाम्बुना सरः विततः सेनया गुट्यां झिटित्याशिश्रिये गजम्। भगीरथो जगन्नाथो जयतीति जनारवैः नीरन्धतामुपाजग्मुर्गिरीन्द्राणां महागुहाः। तत्र तं पालयन्तं तद्राज्यं राजानमादृताः आजग्मुः प्राक्प्रकृतयः प्राहुरित्थं नृपाधिपम्। राजन्नस्माकमिष्टेपो यस्त्वया स पुरस्कृतः मृत्युना विनिगीणांऽसौ मत्स्येनेवामिषं मृदु। तत्तत्पालियतुं राज्यं प्रसादं कर्तुमर्हसि अप्रार्थितोपयातानां त्यागोऽर्थानां च नोचितः। इति संप्रार्थितो राजा तदङ्गीकृत्य तद्वचः सप्तसागरचिह्नायाः स बभूव भुवःपितः। समः शान्तमना मौनी वीतरागो विमत्सरः प्राप्तकार्येककरणः स तिरोहितविस्मयः। पातालतलनष्टानां सागराकारकारिणां पितामहानां गङ्गांबु शुश्रुवे तारणक्षमम्। तदा किल स्वर्गनदी वहित स्म न भूतले पितृणां भूतविख्योऽभूतेन गङ्गाजलाञ्जितः। भगीरथेन च महीमवतारियतुं दिवः गङ्गा गृहीतो नियमस्ततःप्रभृति भूभृता। ततो राज्यं परित्यज्य मन्त्रिणां भूपितः शमी तपसे कार्यकार्यहो जगम विजनं वनम्। तत्र वर्षसहसैश्व समाराध्य पुनःपुनः ब्रह्माणं शङ्करं जहुं भुवि गङ्गामयोजयत्। ततः प्रभृत्यमलतरङ्गभिङ्गिनी जगत्पतेः शिशिविभृदङ्गसिङ्गिनी नभस्थलान्निपतिति गां त्रिमार्गगा महात्मनामिव बहुपुण्यसंतितः। स्फुरतरङ्गभिङ्गिनी स्वफेनपुञ्जहासिनी प्रसन्नपुण्यमञ्जरीयुतेव धर्मसंतिः भगीरते महीपतौ यशः प्रचारवीथिका तदा हि सा त्रिमार्गगा महीतले बभूव ह।

Once when the king was in a great city of another kingdom, the ruler of that country who had no progeny was swallowed by death, like a meat piece by the fish. Feeling distressed by the loss of their king, the ministers were in search of a person who was adorned by noble qualities. They found that this Bhageeratha, who was living like a wandering Sage begging alms for his living, was indeed a noble man with all virtues fit for a king. They brought the huge army there and requested him to be their ruler. Like the lake by the rain waters, Bhageeratha was enveloped by the huge army and immediately climbed on to the royal elephant.

'Victory to the great emperor' such shouts of the people echoed in all the huge caves of all the huge hills in that country. Bhageeratha thus became the ruler of that country. The ministers and priests who belonged to his previous kingdom heard about this and came to their king and said, "Raajan! That king, who was ruling the kingdom gifted by you, was swallowed by death like a soft meat piece by the fish. Please take over the ruler-ship of that kingdom. It is not right to reject things that come without asking for!" Thus requested, the king agreed to their request and became the ruler of the earth surrounded by the seven oceans.

Even after becoming the ruler of those kingdoms, the king did not swerve from his quiescent state. He maintained equanimity at all times; was always silent in the mind, had no envy or enmity towards anybody, did the duties that fell to his lot properly without anxiety or apprehension, was not shocked or panicked or surprised by any event. He heard that his ancestors, the sons of King Sagara had dug the earth into a great hollow in search of the Sacrifice-horse, were burnt to ashes there, were trapped in the nether world, and would cross over to the next world if and only the Ganges of the heavens drenched those ashes.

At that time, the heavenly river was not flowing on the earth. The offering-practice of Gangaa waters to the ancestors started, only because of Bhageeratha.

From that time onward, king Bhageeratha made up his mind to bring the celestial Gangaa to the earth. The noble king who was in the quiescent state, left the kingdom under the care of the ministers, and went off to the wild forest to perform penance to accomplish his goal. He performed penance for thousands of years, propitiated God Brahma and Lord Shiva, and Sage Jahnu again and again, and made Gangaa flow on the earth.

From then onward, this Gangaa of turbulent shining waves, became the adornment of 'Shiva's head holding the crescent moon'. This Gangaa who flows in three paths falls from the heaven on the earth like the succession of merits of noble men.

She Shines forth with curved waves and smiles with her heaps of white foams. She is the uninterrupted flow of righteousness, as if covered by the fully opened blossoms of merits.

She is the road spreading the fame of King Bhageeratha.

That is how she flowed in the three worlds and came on the earth also.

एतामवष्टभ्य दशं भगीरथधिया धृतां समः स्वस्थो यथाप्राप्तं कार्यमाहर शान्तधीः।

Taking recourse to the vision experienced by Bhageeratha, remain equal minded and be established in the self. With a mind sunk in the quiescent state, do whatever actions that belong to you.

(Realization state is not going to hamper any worldly achievements of yours; on the other hand, it gives the mental strength and courage to overcome any obstacle and reach your desired goal.)